



Comprehensive EAP

For all employees, dependents, and household members:

- Unlimited 24/7 phone consultations with Master's level counselors
- Up to 3 telephonic, telehealth, or face-to face counseling sessions with a Master's or Doctoral level counselor
- No cost legal consultations and referrals to a discounted local attorney
- No cost financial consultations and referrals to discounted, local financial professionals and licensed CPA's
- Eldercare and childcare consultations, assessments, information and referrals
- Monthly Work-Life/Wellness webinars
- Our Wellbeing Website which includes health assessments, personal and professional training modules, articles, archived webinars, videos, streaming audio, locators, calculators and resources related to parenting, aging, health, consumer tips, legal forms, etc.
- Employee Orientation: live or online format useful as a refresher or to orient new employees on how to use the EAP
- Monthly Employee Work-Life/Wellness newsletters
- Standard program promotion including "Welcome Kits", general and topical brochures, posters, wallet cards
- One Health Fair per contract year
- **One no cost on-site CISD (Critical Incident Stress Debriefing)**
- **One no cost virtual or on-site Lunch & Learn workshop**

Note: 1-5 session model is also available.

Comprehensive MAP

For Human Resources, Managers, and Supervisors:

- Unlimited 24/7 management consultations with EAP professionals averaging 20+ years of EAP, HR, and business experience, to assist HR and managers on any employee situation
- Formal Management Referrals, including comprehensive case management with follow-up and status reports
- DOT/NRC Solutions
- Behavior risk consultations and interventions including online trainings for high-risk problems such as harassment, anger/conflict management, threat management/violence in the workplace
- Professional development solutions
- Manager/Supervisor Orientations: Live and online format useful as a refresher or to orient new supervisors on how to use the EAP
- Monthly Supervisor Newsletters
- **Enhanced utilization reports**

Note: Additional optional services are available for purchase as needed, e.g., identity theft recovery, college planning consultation, executive coaching, adoption information, special needs assistance, and much more.

Note: All services outlined here are described in more detail on our website, www.careplussolutions.com. If you have further questions, please call or email us for a consultation!