

January 2018

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Employee Assistance Program  
1-800-832-8902

**YOU'RE INVITED TO JOIN OUR MONTHLY WEBINAR**

**Wednesday, January 24th**

**COMMUNICATING EFFECTIVELY**



When we communicate with others, we make basic assumptions about the messages we are sending, which can result in unintentional miscommunication. We forget that our feelings play a part in how messages are delivered, received and processed. This workshop will help you learn to effectively convey your messages to others in a clear and assertive manner. You will also learn to recognize potential barriers in your current communication patterns.

**To Register:**

- [Click HERE](#)
- Use the drop down list to select your preferred time to attend.

**The Employee Assistance Program (EAP) can be reached by calling 800-832-8902**

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